

**Weekly Sermon Discussion Guide**  
*Green Pastures and Still Waters*  
**Psalm 23**

April 28, 2024

**KEY VERSES**

The LORD is my shepherd; I shall not want.

<sup>2</sup> He makes me lie down in green pastures;  
he leads me beside still waters;<sup>[a]</sup>

<sup>3</sup> he restores my soul.<sup>[b]</sup>

He leads me in right paths<sup>[c]</sup>  
for his name's sake.

<sup>4</sup> Even though I walk through the darkest valley,<sup>[d]</sup>  
I fear no evil,  
for you are with me;  
your rod and your staff,  
they comfort me.

<sup>5</sup> You prepare a table before me  
in the presence of my enemies;  
you anoint my head with oil;  
my cup overflows.

<sup>6</sup> Surely<sup>[e]</sup> goodness and mercy<sup>[f]</sup> shall follow me  
all the days of my life,  
and I shall dwell in the house of the LORD  
my whole life long.<sup>[g]</sup>

Last week, we focused on the job of a Shepherd, and how God leads and guides us when we claim Him as our Shepherd. This week, verses two and three invite us to look for the ways that our Shepherd guides us through the different seasons of life, not just the dark valleys. These are actually the only two verses which are a mandate from God. Because God understands human nature, He too well knows how easily we can miss the blessings that exist in our lives. **How good are you at "lying down in green pastures and drinking of still waters?" What is a good example in your life of when you took the time away do this?**

We often find ourselves "right in the middle of exactly what we looked forward to." Regrets of not soaking up the beauty of a situation or the blessings in front of us so often plague us. It should come as no surprise that God issues these words as a command. **What might it mean for you to realize the goodness of what God has done and just lie down and enjoy it? As we enter the fast pace of May, pray for God to reveal how He wants to interrupt your to-do lists and stop and drink in His goodness.**

Dallas Willard is quoted as saying, "We move when we're supposed to stop, we stop when we're supposed to move." **As we wrestle with pain and busyness, may we meditate on how God is currently blessing us. May we not wait until the moment that we finally feel able to lie down, lest we miss the ways in which God wants to revive our soul.**