

Blessed Are The Meek**Desiring Christ**[Matthew 5:5](#)[Matthew 11:25-30](#)

We continue our journey through the Beatitudes—the first words Jesus speaks in the Sermon on the Mount—an invitation to become the kind of people who desire Christ. We began with *blessed are the poor in spirit*, and considered how blessing begins when we recognize our deep need for God. We specifically looked at the Laodiceans (Rev. 3:14-4:11) and how we relate to them. Last week, *blessed are those who mourn*, gave us permission to stop and grieve what is broken rather than rushing past it.

Our culture often misunderstands meekness as weakness or timidity, but the meekness Jesus describes is Spirit-formed, not personality-driven. Meekness is the posture of a heart that trusts God enough to respond with gentleness and strength at the same time.

How does Jesus' definition of meekness differ from the cultural or dictionary definition you've grown up with?

Why do you think Jesus considers meekness a kingdom trait worth blessing?

When Jesus enters Jerusalem and confronts the Pharisees, His strength is purposeful, restrained, and directed toward God's desires. He displays meekness—not forceful aggression, and not timid avoidance.

Where in the Gospels do you see Jesus holding together gentleness and strength? In your own life, what might "gentle strength" look like in a moment that calls for courage?

Meekness is a fruit of the Spirit, not a natural human tendency. It forms in us as we become increasingly dependent on Christ, learning to lay down defensiveness and take on gentleness. Jesus invites the weary and burdened to come to Him, promising rest and modeling a humble heart.

When have you found it hard to respond to a situation with meekness?

How might learning from the gentle heart of Jesus reshape your posture toward others?

Jesus promises that the meek—not the powerful—*will inherit the earth*. This is a future-oriented hope and a present-day invitation to trust that God's way truly leads to flourishing. When we walk in meekness, we participate in God's renewing work in the world and reflect the character of Christ.

What does Jesus mean when He promises that the meek will "inherit the earth"?

Who in your life models this kind of meekness, and what can you learn from their example?