

# FACILITATORS GUIDE

THE ME I WANT TO BE

## **Part Four: Redeeming My Time (chapters 11-14)**

### Welcome + Prayer

Check-in with each other using **Table Topics** (or something else if you want)

### Book discussion:

- 1) On p. 132, Ortberg poses the question, "If someone were to ask you, 'How is your prayer life?' what would your answer be? Is the state of your prayer life determined by how long you pray or how often? Is it measured by how many people you are praying for, or how much faith you are praying with, or how many prayers get answered?" Ask your group how they would answer this question, "How is your prayer life?" What role does prayer play in our flourishing as persons?
- 2) Ortberg suggests on p. 134 that the goal of prayer is not to get good at praying. "The goal of prayer is to live all of my life and speak all of my words in the joyful awareness of the presence of God." Ask your group, what do you think of this definition of prayer? Does it align with your own understanding on prayer?
- 3) On p. 140 Ortberg says, "Temptation promises freedom, but makes you a slave." How?
- 4) Orberg also suggests on p. 147 that we are not tempted by that which repulses us. Rather, temptation starts close to home with the passions and desires that God wired into us. Ortberg's conclusion is that the pattern of sin in our lives is related to the pattern of our gifts. He outlines the 9 types of personality from the enneagram on pgs. 148-151. If time allows, spend some time asking your group to share which of the 9 types they most identify with. How can understanding your gifts and personality help you understand the sin patterns in your life? How can it help you flourish as a spiritually alive person?

*Before closing the discussion, make sure to ask your group if there is anything else that stuck out to them from the book.*

### Closing Prayer

*\*Share prayer needs with one another and commit to praying for one another*