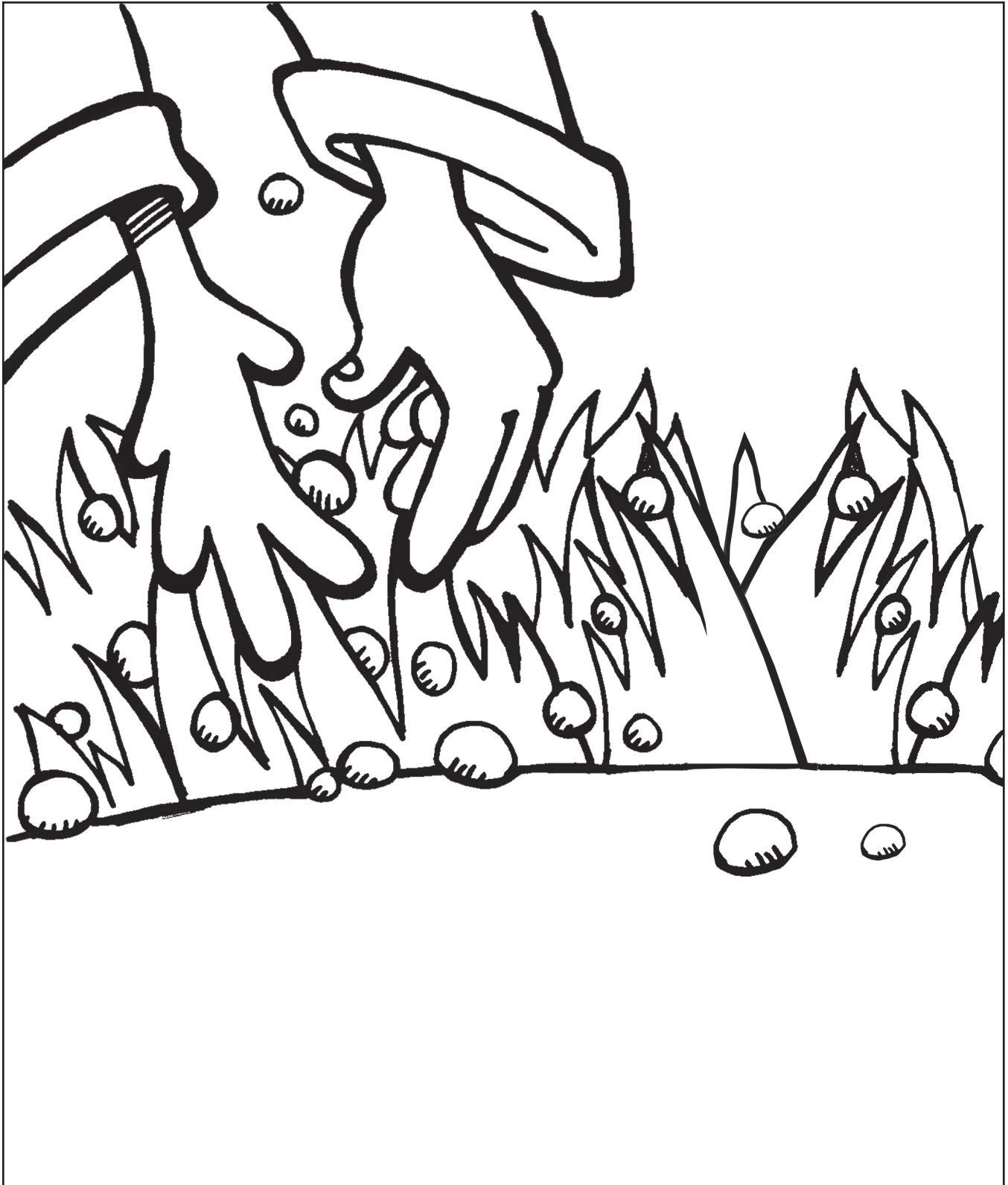


# Manna, Quail, and Water



The manna looked like tiny seeds and tasted like bread.