



WEEKLY SERMON DISCUSSION GUIDE

And The Soul Felt Its Worth

To Speak a Blessing

Numbers 6:22-27

The very first benediction we see in the Bible was first given in the context of a book written at the end of Israel's wilderness wanderings and as they prepared to enter the Promised Land. It's a book that looks backward and forward, reminding God's covenant people of their past blessings, as well as encouraging them concerning God's future promises. God instructs Aaron and his sons, through Moses, to offer this blessing to the people of Israel.

CHECK-IN

- Check in with each other using Table Topics (or other creative questions)!

EXPLORING THE SERMON

- What did you hear?
- What did you think or feel about what you heard?
- What is one thing you can take away from the sermon this week?

VERSES FOR MEDITATION AND REFLECTION

"The Lord said to Moses, Tell Aaron and his sons, This is how you are to bless the Israelites. Say to them: The Lord bless you and keep you." **Numbers 6:22-24**

Today's culture drives us to the mindset that we have to earn our rewards. This creates the anxiety of never feeling at peace because we never feel like our goals are achieved.

- *How can the realization that we are not blessed by what we do, but because of how much God loves us change the way we recognize the blessings in our lives?*
- *Take some time to look at the people in your life this week, and let them hear what a blessing they are to you. Recognize the transformative power of this practice.*
- *Talk about what it means for our souls to "feel their worth," and how this can only come through our relationship with God.*

PRAYER FOR THE WEEK

- Spend a few minutes sharing prayer needs with each other before praying together...

Heavenly Father, as we anticipate your coming this Advent season, help our soul feels its worth through our relationship with You. Help us to be reminded that we can't earn our way to blessings, and help us to change the way we see our lives. Give us eyes to see those who are blessings in our lives, and help us speak love and gratitude to them. Amen.