



# WEEKLY SERMON DISCUSSION GUIDE

## Formed

### *How Big Life Can Be*

**Luke 6:12-19**

#### EXPLORING THE SERMON

- What did you hear?
- What did you think or feel about what you heard?
- What is one thing you can take away from the sermon this week?

#### VERSES FOR MEDITATION AND REFLECTION

*“Those troubled by evil spirits were cured, and the people all tried to touch him, because power was coming from him and healing them all.” **Luke 6:17-19***

In this sermon series *Formed*, we have been discovering why the practices of solitude, community, and service are important in our lives, and what those patterns look like for each of us. With **solitude**, we need to return to God over and over so we can hear him whisper to us, “you are my beloved,” and be able to fully believe this truth. In **community**, we need to draw ourselves closer to the people in our lives who know us best, love us, and point us to Jesus. In **service**, we are called to a purpose greater than ourselves, to be agents of healing and redemption for God’s kingdom.

*Thomas points out that we don’t imitate the patterns of Jesus because it’s the church’s rule or to check boxes, but so we can be formed to be more like Jesus, who was more alive and full of abundant life than anyone ever in history.*

- Review each of these three spiritual practices for your life: **solitude**, **community**, and **service**—and what you have learned about yourself regarding these practices through this sermon series.
- What are some new practices you could try to in order to enhance each of these patterns in your life?

*Science has long backed up the fact that fulfillment does not come through riches, but through serving others. Thomas reminds us that the call to serve cannot be something we wait for the church to figure out for us, but that service exists in possibilities every moment of every day. We do not have to go far to be agents of healing and redemption, and that these possibilities exist all around us—but we often are too busy to notice them.*

- Think about every day opportunities within your family, workplace, neighborhood, or other places where the call to serve could be right in front of you, but so easily overlooked.
- Believing that fulfillment can only come through being swept up into God’s bigger story, what new areas of service might God be calling you to step into?

***Heavenly Father**, We thank you for the opportunity to work alongside you to be agents of healing and reconciliation in this world. Help us to think and act beyond ourselves, finding joy in serving others, imitating Jesus so that we can live more abundant lives for Your kingdom. **Amen.***

***Dear Heavenly Father,** Thank you for the gift of community, and for the beautiful vision of relationships You have given us. Help us this week to have the courage to step towards those people in our lives who point us toward You. Prod us forward together in this vision of life together here at Covenant. **Amen.***