

Before serving any food, always check with caregivers for kids who have food allergies. Provide an alternative if necessary.

Age-Level Overview

	Open the Bible	Activate Faith
Lower Elementary		
WORKSHOP FOCUS: We pop up to serve God!	SPARK RESOURCES: Spark Story Bibles	SPARK RESOURCES: Spark Story Bibles
PLAGUE POPCORN: Kids free a popcorn snack from its wrappings as God's people are freed from Pharaoh.	SUPPLIES: Aluminum foil	SUPPLIES: Soap, towels, cups, baking tray, toy animals, bandages; stove, hotplate or microwave; scissors, bowl, napkins, punch, gummy candies, raisins, chocolate chips, ice, popcorn
Upper Elementary		
WORKSHOP FOCUS: God frees us from what plagues us!	SPARK RESOURCES: Spark Bibles, Spark Bible Stickers	SPARK RESOURCES: Spark Bibles
TEN PLAGUES PARTY DIP: Kids dig into a ten-layer dip with freedom chips.	SUPPLIES: Red construction paper, scissors, marker	SUPPLIES: Soap, water, towels, baking dish, can opener, spatula, mixing bowl, spoons, measuring spoons, bowl, pepper grinder, cutting board, knives, plates, napkins, refried beans, taco seasoning, guacamole, salt, garlic powder, peppercorns, sour cream, salsa, tomatoes, cheddar cheese, olives, chips
All Kids		
WORKSHOP FOCUS: God frees us when we are in a jam!	SPARK RESOURCES: Spark Story Bibles, Spark Bibles, Spark Bible Stickers	SPARK RESOURCES: Spark Bibles, Spark Story Bibles
SET GOD'S PEOPLE FREE-ZER JAM: Kids make and take home strawberry freezer jam.	SUPPLIES: Cutting board, bread, knife, jam, spreaders, napkins	SUPPLIES: Soap, water, towels, bowls, potato mashers, forks, measuring spoons, measuring cups, spatulas, plastic containers, wax pencils, scissors, tape, saucepan, stove or hot plate, spoon, timer, ladles, towels, strawberries, sugar, fruit pectin, butter, Set My People Free-zer Jam label (page 73), dish soap, water



Visit www.sparksundayschool.org for more Spark content. Watch a short Lesson Prep Video that will prepare you and give you confidence to explore this Bible story with the kids you are leading. You will also find a downloadable Family Page for this rotation's story filled with ideas for families to use to explore this story and live out their faith at home.

Workshop Focus: We pop up to serve God!

Keep these tips in mind as you welcome kids to the workshop and explore the story together.

- Each week, remember to welcome kids to the rotation. Keep in mind that for some kids, it may be the first time they are visiting your workshop!
- If kids have heard the story several times during previous weeks, read it again! Kids learn through repetition, and every workshop will explore the Bible story in a slightly different way.
- Remember that the Shepherds are there to support you as they accompany kids each week.
- Be sure to visit www.sparksondayschool.org to download the Family Page for this story. Make copies of it and ask Shepherds to distribute it during the Wrap Up.

Open the Bible (10 minutes)

The Plagues Storytelling

As they arrive, give the kids some aluminum foil. **Twist this foil into a snake. We'll use it to tell the story.**

When everyone has arrived, gather to read the story. **Hold up your snakes.** Examine each snake. **Whoa! Our workshop has turned into a snake pit! How do you feel about real snakes?** Accept and affirm all answers. **Snakes are scary to some people. In today's story, God uses creatures to scare a leader into freeing God's people. God uses 10, terrible plagues!**

The story is about Moses and Pharaoh. Point the foil snake down, as if it is Moses' staff. **Moses carries a staff, or a big stick. When we read about Moses, put your staff like this.**

Pharaoh wears a headdress, or crown, with a snake on it. Hold the foil snake to your forehead, as if it is Pharaoh's headdress. **When we read about Pharaoh, put your snake like this.**

Spark Resources
Spark Story Bibles

Supplies
Aluminum foil

Give each kid a Spark Story Bible and encourage them to follow along as you read aloud. **Open your Spark Story Bibles to page 78, The Plagues. Let's read!** As you read, lead the kids to move their foil snakes according to the action of the story.

After you read, discuss the story. **How many plagues did God use to set the people free? (10) Which plague do you think is the worst?** Accept and affirm all answers.

Activate Faith (25 minutes)

Plague Popcorn

Before serving any food, always check with caregivers for kids who have food allergies. Provide an alternative if necessary.

Ingredients (serves approximately 8 kids)

- Red punch, 2 liters
- Green gummy candies, 1 cup (230 grams)
- Raisins, 1 cup (230 grams)
- Chocolate chips, 1 cup (230 grams)
- Crushed ice, 4 cups (900 grams)
- Popcorn: Three packages of foil-packaged for a stovetop, 4.5 ounces (127 grams) each OR microwaveable bags, 3.5 ounces (99 grams) each

Set Up: Place all of the supplies and ingredients where they are easily accessed.

Activity Instructions

Make sure the kids wash their hands. **Let's wash our hands before we get started!**

Gather around the ingredients and supplies to tell The Plagues story. Open a Spark Story Bible to The Plagues, page 78. Point out the illustrations as you lead the activity.

God had to get tough on Pharaoh. For the first plague, God turned the Nile River to blood. Pour red punch into cups. **Moses said, "Let my people go!" What did Pharaoh say?** (No!) Arrange the cups to spell "No!"

Frogs, gnats, and flies came next. Toss a handful of green gummy candy frogs, raisin gnats, and chocolate chip flies onto a baking tray. **Moses said, "Let my people go!" What did Pharaoh say?** (No!) Get help from the kids to arrange the mix of snacks to spell, "No!"

Set up three toy animals. **For God's fifth plague, all of the animals got sick.** Knock over the toy animals in dramatic fashion, with sick animal sounds. **The sixth plague covered Pharaoh's people with sores. Ow, ow, ow!** Toss the adhesive bandages onto the table. **Moses said, "Let my people go!" What did Pharaoh say?**

Spark Resources

Spark Story Bibles

Supplies

Soap
Towels
Cups, one per kid
Baking tray
Toy animals, three
Adhesive bandages, seven
Stovetop burner, hotplate or microwave
Knife or scissors to open package
Serving bowl
Napkins

(No!) Invite the kids to arrange the bandages on the table to spell out “No!” **For the seventh plague, God dropped hail, balls of ice, on the land. It sounded like this, “Click!”** Lead the kids to make clicking sounds with their tongues, as they plop crushed ice into the cups of punch. **The hail killed their plants. What did Moses say?** (*Let my people go!*) **What did Pharaoh say?** (*No!*)

The eighth plague was locusts, giant flying bugs. They chomped up the rest of their food. Chomp, chomp, chomp! Bite your teeth together to make chomping noises and flap your hands like wings.

God’s ninth plague was darkness over all the land. Ask a kid to turn off the lights. **Again, Moses came to Pharaoh. What did Moses say?** (*Let my people go!*) **What did Pharaoh say?** (*No!*) Flip the lights on again.

God’s people were trapped! Pull out the popcorn. Let the kids shake and hear the popcorn in the popper, or feel the kernels in the microwaveable bag.

God sent 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 plagues. Count to 10 on your fingers. **Each plague made life harder for Pharaoh and his people. God’s 10 plagues turned up the heat on Pharaoh to pop God’s people free.** Put the popcorn over the burner on a stove, or in a microwave. Cook it.

As the popcorn cooks and pops, sing a song to the tune of, “Ten Little Indians.” Lead the kids to hold up their fingers to count to 10 as you sing. Sing it through once, then invite the kids to join you. Repeat the song until the popcorn is ready.

Let’s sing a song to set God’s people free. It goes like this:

**One big, two bigger, three biggest plagues
Four big, five bigger, six biggest plagues
Seven big, eight bigger, nine biggest plagues
Ten big plagues from God!**

It was the final plague, number 10, that changed Pharaoh’s heart. Do you remember what the last plague was? (*children died*) **Moses said, “Let my people go!” Finally, Pharaoh said, “Yes!” The tenth plague that killed children all over Egypt tore Pharaoh’s heart wide open.** Carefully cut open the foil on the stove-top popcorn or tear open the microwaveable bag, and point the steam to release in a safe direction.

God’s people were free! They poured out of Egypt. Pour the popcorn into a large serving bowl. Serve on a napkin. Enjoy a snack of Plague Popcorn and Nile River Punch.

As you eat, rearrange all of the “No!” signs to read, “Yes!” **Help me make the plagues disappear! Eat up the frogs, gnats, and flies. Thanks for freeing your people, God!**

Send (5 minutes)

Wrap Up

Remind the Shepherds to distribute the Family Page for this story if the kids haven't already received it, and come together for Wrap Up.

God turns up the heat to pop God's people free from trouble. 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 plagues later, Pharaoh let God's people go!

Spark Resources

Family Pages



Supplies

None

Prayer Time

Link arms in a circle to say a final prayer. When I say, "Pop!" everybody jump!

Dear God,

Pop! (kids jump)

You take care of your people.

Pop! (kids jump)

Your love frees us.

Pop! (kids jump)

You don't give up!

Pop! (kids jump)

You're the tops!

Pop! (kids jump)

Amen.

Thanks for popping into the Cooking Workshop! Pop in again next time!

Workshop Focus: God frees us from what plagues us!

Keep these tips in mind as you welcome kids to the workshop and explore the story together.

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Open the Bible (10 minutes)

The Plagues Storytelling

Set Up: Cut out nine construction paper hearts. On one side of each heart, write “No!” Line the hearts on the floor with the blank side up.

Activity Instructions

Gather around the hearts and ask kids to take out their Spark Bibles. Take turns reading the Plagues story in the Spark Bibles, beginning on page 66 (using these chapters/verses: Exodus 7:14-17; 8:1-4; 8:16; 8:20-21; 9:1-3; 9:8-9; 9:13-19; 10:3-6; 10:21-23; 11:4-5). Pause each time Pharaoh says, “No!” to God and Moses. Invite kids to flip the hearts one at a time as you read about each plague.

When God’s tenth plague killed the firstborn child in each family, Pharaoh’s own son died. The last plague broke Pharaoh’s heart and finally changed his mind.

Tear a heart into two pieces. **Moses said, “Let my people go!” Pharaoh said, “Yes!” Tear the “No!” hearts into the broken hearts of Pharaoh and his people. Use the pieces to spell out the answer God’s people were waiting to hear, “Yes!”**

Spark Resources

Spark Bibles
Spark Bible Stickers

Supplies

Red construction paper
Scissors
Marker

How many plagues did it take to change the Pharaoh's mind? (10)

Stick a Spark Bible Sticker on the plague that would have changed your mind, had you been Pharaoh. How many plagues would it have taken to change your mind? Accept and affirm all answers.

God doesn't give up when one plague doesn't do the job. God brings 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 plagues to set God's people free. But God wouldn't have had to send any plagues if Pharaoh would have obeyed Moses and God the first time! God's deep love frees us when we are "plagued!"

What can we be "plagued" with? (*sin, bad habits, cheating, lying, swearing, unkindness, laziness*) **Can God free us from these plagues?** (Yes!)

Activate Faith (25 minutes)

Ten Plagues Party Dip

Before serving any food, always check with caregivers for kids who have food allergies. Provide an alternative if necessary.

Ingredients (serves approximately 10 kids):

- Refried beans, 9 ounces (255 grams)
- Taco seasoning packet, 1.25 ounces (35 grams)
- Guacamole, 12 ounces (340 grams)
- Salt, 1/2 teaspoon (2.5 ml)
- Garlic powder, 1/2 teaspoon (2.5 ml)
- Peppercorns, 1/4 teaspoon (6 grams)
- Sour cream, 12 ounces (340 grams)
- Salsa, 16 ounces (454 grams)
- Tomatoes, three medium, chopped up
- Shredded cheddar cheese, 1 cup (230 grams)
- Can of black olive slices, drained, 3.8 ounces (107 grams)
- Chips, 18 ounces (510 grams)

Set Up: Fill the pepper grinder with peppercorns. Wash the tomatoes. Open and drain the can of black olive slices.

Activity Instructions

Make sure all hands are clean. **Let's wash up and free our hands from germs.**

Gather around the ingredients and supplies. Set out the baking dish. Push your fingers against the sides of the dish, like they are trapped inside. **God's people were trapped. They couldn't get out of Egypt and away from Pharaoh.**

Spark Resources

Spark Bibles

Supplies

Soap
Water
Towels
Baking dish, 9 x 13 inch (23 X 33 cm)
Can opener
Spatula
Mixing bowl
Spoons
Measuring spoons
Small bowl
Pepper grinder
Cutting board
Knives
Plates
Napkins

Let the kids prepare each step of the recipe. Make sure everyone helps. At each step of the recipe, invite the kids to say in unison the repeated words of Moses, "Let my people go!" and Pharaoh, "No!" Refer to the Spark Story Bible during the activity.

Give the kids the refried beans, can opener, spatula, mixing bowl, and taco seasoning. **Pour the beans into the bowl, add the taco seasoning, and stir. First, God turned the Nile River to blood. Spread the bloody Nile into the bottom of the pan with the spatula. God said, "Let my people go!"** (*Let my people go!*) **Pharaoh said, "No!"** (*No!*) **Use the spatula to lightly write, "No!" in the bean mix.**

Give the kids the guacamole and several spoons. **Next, God sent frogs. Drop spoonfuls of the guacamole frogs on top of the beans. Hop! There were frogs in beds. Plop! There were frogs in bread dough! Flop! There were frogs in their faces. Spread the guacamole plops to cover the beans. God said, "Let my people go!"** (*Let my people go!*) **Pharaoh said, "No!"** (*No!*) **Use a spoon to lightly write, "No!" in the guacamole.**

Give the kids the salt, garlic powder, measuring spoons, and a small bowl. **Gnats and flies swarmed the land of Egypt. Measure the spices into the bowl. Take a pinch and sprinkle it over the guacamole. Bzzzz! Gnats up their noses, flies in their eyes! God said, "Let my people go!"** (*Let my people go!*) **Pharaoh still said, "No!"** (*No!*) **Pass the black pepper grinder. Grind the pepper gnats on top. See how the grinder shakes its head like Pharaoh, "No, no, no!"**

Give the kids the sour cream, salsa, and several spoons. **God sent a fifth plague: all of the animals got sick and died. Mix the sour cream and salsa together, then spread it on top of the guacamole and seasonings. God said, "Let my people go!"** (*Let my people go!*) **Pharaoh still said, "No!"** (*No!*) **Use a spoon to lightly write, "No!" in the sour cream mixture.**

The sixth plague gave the people sores. God said, "Let my people go!" (*Let my people go!*) **Pharaoh still said, "No!"** (*No!*) **Use the tomatoes to spell, "No!" on top of the sour cream.**

Give the kids the shredded cheese. Hold a handful of cheese high above the dish, and let it sprinkle from the sky like hail. **The seventh plague was a hail storm. Drop the hail from the sky. You know what happened! God said, "Let my people go!"** (*Let my people go!*) **Pharaoh still said, "No!"** (*No!*)

Give the kids the olives. **Then God sent the locusts. God said, "Let my people go!"** (*Let my people go!*) **Pharaoh still said, "No!"** (*No!*) **Write a big, locust "No!" on one end of the dip. Some people won't want to eat these locusts in their snack. They can eat around them this way.**

God did not give up. God sent the ninth plague, darkness over the whole land. The sun did not shine for three days. Shut your eyes. Try to imagine what it would be like to have no light for three, long days. Still, you know what Pharaoh said, "No!" (*No!*) **You can open your eyes now.**

Break a few chips into small pieces. **The tenth plague killed Egyptian children. Parents were heartbroken. Pharaoh was heartbroken. God said, "Let my people go!"** (Let my people go!) Arrange the chips to spell, "Yes!" **Finally, Pharaoh set God's people free!**

Point at the side of the glass dish to see the dip's layers. **God's love for us is 10 layers deep! God doesn't give up. God's deep love frees us when we are "plagued!"**

Pass out plates of chips and napkins. **Take a scoop of the dip to eat with your chips. Make the plagues disappear!**

Send (5 minutes)

Wrap Up

Remind the Shepherds to distribute the Family Page for this story if the kids haven't already received it, and come together for Wrap Up.

God's great, big love for us is bigger, deeper, and stronger than any plague we may have. God doesn't give up on us. Instead, God's love frees us when we are "plagued."

Spark Resources
Family Pages



Supplies
None

Prayer Time

Use your whole body to pray! Follow my actions.

Dear God,

When the world tells us, "No, no, no!" (point and shake finger)

You tell us, "Yes!" (shake head yes)

When others give up on us (shrug shoulders)

Your grace hugs us. (cross arms over chest in a hug)

Thank you for your love (cross hands over heart)

That just won't quit! (run in place)

Amen. (raise both arms in the air)

Workshop Focus Statement: God frees us when we are in a jam.

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Open the Bible (10 minutes)

The Plagues Storytelling

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Set Up: Arrange a table or counter with bread slices, a jar of jam, spreaders, and napkins.

Activity Instructions

Offer the kids bread with jam. **Today's workshop is jam-packed with fun!**

As you eat, sit in a circle to read The Plagues story. **God's people are in a jam!**

What kind of jams do you get into? (*argue with friends and family, say or do wrong things*) **Listen carefully to hear what kind of jam God's people are in.**

Read aloud the first paragraph of The Plagues story, page 78 in the Spark Story Bible. **What was wrong?** (*God's people were slaves to Pharaoh. Pharaoh wouldn't let them go.*) **Who did the people turn to for help?** (*God, Moses*)

Let's have a jam session to read the rest of the story! We need a beat. Everybody slap your hands on the floor two times, then clap once. Join in when you are ready.

Demonstrate the rhythm pattern until all the kids join in. Keep the rhythm going.

Spark Resources

Spark Story Bibles
Spark Bibles
Spark Bible Stickers

Supplies

Cutting board
Loaf of bread
Knife
Jam, 16 ounces (454 grams)
Spreaders
Napkins

Whenever Pharaoh says, “No!” you say it, too. I will read first, then point to another reader. Read the first rhyming paragraph of the story in a rap-like pattern to the beat. Lead the group to say “No!” to end each section.

What did it take before Pharaoh finally said, “Yes!”? (*ten plagues, his child died*)
When we are in a jam, God won’t give up until we are free!

Mark this story with your stickers in the Spark Bible page 66, in Exodus 7:14—12:32. How would you feel if these plagues came to your town? Accept and affirm all answers.

Activate Faith (25 minutes)

Set God's People Free-zer Jam

Before serving any food, always check with caregivers for kids who have food allergies. Provide an alternative if necessary.

Ingredients (makes approximately 6 cups of jam):

- Mashed strawberries, 6 cups (1.3 kg)
To yield 6 cups, use 2 packages frozen whole strawberries, 30 ounces (453 grams) each
- Sugar, 6 cups (1.3 kg)
- Water, 4 tablespoons (60 ml)
- Butter, 1 teaspoon (5 ml)
- Water, 1-1/2 cups (60 ml)
- Fruit pectin, powdered, 2 boxes, 1 3/4 ounce (49 grams) each

Set Up: Thaw the strawberries according to package directions. Once thawed, put them into a large mixing bowl. Wash and dry the freezer containers in a dishwasher. Make copies of the Set My People Free-zer Jam label from page 73 of this guide on paper that can be taped to the jam jar—one page per kid.

Activity Instructions

We are making Set God’s People Free-zer Jam to remind us that God’s love frees us when we are in a jam. As we cook, we will talk about the story. Open your Spark Bibles to Exodus 7, page 66, or your Spark Story Bibles to The Plagues story, on page 78. Keep your Bibles handy, but away from the cooking area for safety and cleanliness.

Make sure the kids and helpers thoroughly wash their hands with soap and water.
Before we cook, free your hands from germs!

Gather around the thawed fruit. Give the kids potato mashers and forks. What plague was first? (*The Nile River was turned to blood.*) Mash the thawed fruit into a bloody river. Measure six cups of mashed strawberries into the extra large mixing bowl.

Spark Resources

Spark Story Bibles
Spark Bibles

Supplies

Soap
Water
Towels
Mixing bowl, extra large
Potato mashers
Forks
Measuring spoons
Liquid measuring cup
Mixing bowl, large
One-cup measuring cups
Rubber spatulas
Plastic freezer containers with screw-on lids, one-cup size, 1 per kid
Wax pencils
Scissors
Packing tape, clear
Small saucepan
Stove or hot plate
Large spoon
Watch or clock with a second hand or a one-minute timer
Ladles
Cleaning towels
Dish soap
Water
Set My People Free-zer Jam label (page 73 of this guide)

Guide the kids to measure and add the water as you and the kids name the next four plagues. **When that didn't soften the heart of the Pharaoh, God sent four more plagues. What was next? Use your Bibles for help!** (*frogs, gnats, flies, and disease*)

Let two helpers measure the sugar into a large bowl. **God carefully measured the next steps. What were the next three plagues?** (*sores, hail storm, locusts*) Pour the sugar over the mashed fruit.

Next, God covered the land in darkness.

Take turns stirring the sugar and fruit. **You might think that the mixture of nine plagues would stir Pharaoh's heart. What did Pharaoh say to God's request to set God's people free, even when the sun did not shine for three dark, cold days in Egypt?** (*No!*)

Set aside the sugar and fruit to stand for 10 minutes. **Pharaoh still said, "No!" He turned his back on his own people and stood firm against God.**

Give each kid a container and lid. Rest a lid on a container. **The tenth plague sent death to Egyptian firstborn sons. It was very sad, but it softened the heart of Pharaoh, and he finally said, "Yes!"**

Guide the older kids to help the younger ones use the wax pencils to mark their container lids. **Write your initials and today's date on the lid.**

Have the kids cut out the jam label from the Set My People Freez-er Jam page. Help them tape the labels to their containers.

Mix 1-1/2 cups (60 ml) of water with 2 boxes of powdered pectin in a small saucepan. Place the saucepan over high heat. **God turned up the heat on Pharaoh . . . 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 notches.**

Bring the water and pectin to a boil for one minute. Take turns stirring constantly. **This needs to boil for one minute. In that one minute, can we name the 10 plagues again?** Appoint a kid to stir, a kid to watch the clock, and another kid to count off the plagues on their 10 fingers as the others name them. (*Nile to blood, frogs, gnats, flies, sick animals, sores on people, hail, locusts, darkness, children died*)

After one minute of a heavy boil, remove the saucepan from the heat. Pour the pectin and water into the fruit. Take turns stirring for three minutes. **Pharaoh's heart was stirred! He set God's people free!**

Lead the kids to ladle the jam into the containers, allowing 1/2 inch (1.25 cm) at the top. **God's people poured out of Egypt to freedom. God frees us when we are in a jam!**

Wipe the top edges of the containers with a clean towel. Place the lids on each container, sealing tightly. **Voila!** (phonically: Wa-la!) **Set God's People Free-zer Jam! Take this jam home to share with your family. As you eat it, share the story of the plagues.**

If time allows, clean up the kitchen mess. **Plagues are so messy! Imagine what Egypt looked like after the 10 plagues if our kitchen looks like this! God, free us from this mess!**

Send (5 minutes)

Wrap Up

Remind the Shepherds to distribute the Family Page for this story if the kids haven't already received it, and come together for Wrap Up.

Thanks for making jam! God's love frees us when we are in the jams of life. The Israelites were in the jam of slavery to Pharaoh. What kinds of jams can we get into? Allow all answers. **Can God get us out of those jams?** (Yes!)

Spark Resources
Family Pages



Supplies
None

Prayer Time

For a prayer, let's get into a jam! Count off in two's. Send the one's into a tight group, standing. Join the two's outside the circle, holding hands around the others.

Let's pray!

Dear God,

When we are in a jam, (On the word, "jam," walk the outside of the circle a step towards the center, making it tighter.)

You set us free! (On the word, "free," lift the joined hands of the circle into the air, allowing the insiders to run free.)

Thank you for freeing us from the jams we get ourselves into.

Amen.

If time allows, ask the kids to switch places and do the prayer again.

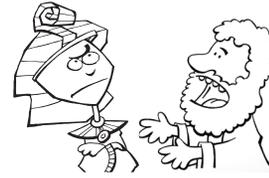
Set My People Free-zer Jam



SET MY PEOPLE FREE-ZER JAM

Let stand at room temperature for 24 hours. • Freeze until served. • Refrigerate after opening. • Refrigerate for up to three weeks. • Freeze for up to one year.

God's love frees us when we are in a jam!
Exodus 7:14—12:32



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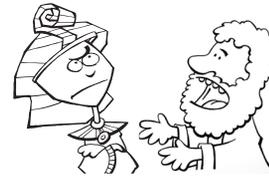
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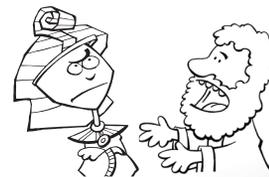
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